## **DO YOU HAVE DIABETES?**







## Why is oral health care important if I have diabetes?

If you have diabetes, make sure to keep taking good care of your mouth. People with diabetes are at risk for mouth problems, especially gum disease. Gum disease can damage the gum and bone that hold your teeth in place and may lead to painful chewing problems and even tooth loss. Gum disease also makes it hard to control your blood sugar. Blood sugar is in your saliva – the fluid in your mouth that makes it wet. When diabetes is not controlled, you will have extra blood sugar in your saliva. The extra blood sugar helps bacteria (germs) grow. This can lead to tooth decay and cavities.

Your community dental providers are here to help! Dentists are prepared and equipped to help you with your dental needs, including emergency care and preventive dental services too!

Advantage Dental<sup>™</sup>

From DentaQuest

Advantage Dental Services toll-free 866.268.9631





ODS Community Dental toll-free 800.342.0526