



2021 EOCCO Community Health Plan (CHP) Harney County

PRIORITY ISSUE #1: Food Insecurity

PROBLEM IDENTIFIED:

Limited access to fresh fruits and vegetables

Limited access to food

Limited Supplemental Nutrition Assistance Program (SNAP) using their benefits at Farmer's Market

DATA AVAILABLE:

- 41.5% of children are eligible for free/reduced lunch
- There are 410 Harney Children who are Food Insecure
- 26.8% of Harney Children are Food Insecure (State 22.5%)
- There are 1,150 Harney Food Insecure Individuals
- 15.9% of Individuals are Food Insecure (State 14.2%)
- Average monthly number of children on SNAP in 2017 was 401

GOALS:

1A- Continue Frontier Veggie RX Program

1B- Increase referrals to Harney County Food Bank/Pantry

1C- Establish Double Up Food Bucks program

ACTION PLAN:

1A1- Continue to dedicate LCAC funds to Frontier Veggie RX

1A2- Participate on Frontier Veggie RX Regional Advisory Council

1A3- Serve as a local liaison between Frontier Veggie RX Program and local Prescribers and Vendors

1B1- Inform Frontier Veggie RX participants of Harney Food Bank/Pantry for availability and accessibility to foods that are not fruits and vegetables

1C1- Create a plan to fund Double Up Food Bucks at the Farmer's Market

ESTIMATED BUDGET NEEDED:

To fully fund the Frontier Veggie RX program an additional 25% more funds are needed = \$10,192

If all SNAP recipients were to Use the Double Up Food Bucks program at 3 Farmer's Markets, \$40,140 would be needed (1338x\$10) x 3 Farmer's Markets

POTENTIAL FUNDING SOURCES:

Eastern Oregon Coordinated Care Organization

Local contributions

USDA Grant

Local Community Advisory Council/ Harney County

Community Health Plan

Updated: June 30, 2019

PRIORITY ISSUE #2: Mental Health

PROBLEM IDENTIFIED:

Need for greater recognition of mental health needs and services.
Reduce community stigma associated with using mental health services
Reduce social isolation among elderly
Depression during pregnancy or postpartum maternal depression

DATA AVAILABLE:

- 64.6% of the population reports good or better Overall Mental Health
- Only 65.1% of Harney 8th Graders reported Good or Better Mental Health (State 75%)
- 21.2% of Harney 8th Graders reported Suicidal Ideation (State 16.9)
- 18.9 % of Harney 11th Graders reported Suicidal Ideation (State 18.2)
- 35.4 Suicide Death rate per 100,000 (State 17.9)
- EOCCO Maternal Depression 47.6% of women experienced depression during and/ or after pregnancy
- 2017 did NOT meet the Depression Screening Incentive Measure

GOALS:

2A- Conduct Mental Health First Aide trainings for adults, youth, law enforcement, veterans or elderly
2B- Encourage community members to continue to utilize My Strengths to the broader community
2C- Promote Meet and Greets in public settings with Symmetry Care
2D- Promote Oregon Senior Peer Outreach (warm line) access for isolated Seniors
2E- Implement Integrated Nurse Home Visiting Program

ACTION PLAN:

2A1- Partner with Eastern Oregon Healthy Living Alliance to utilize resources dedicated to Harney
2B1- Partner LCAC members to encourage others to participate and continue to participate in My Strengths
2C1- Partner with Symmetry Care to implement community Meet and Greets
2D1- Partner with Greater Oregon Behavioral Health Inc.'s Older Adult Behavioral Health program to promote the Oregon Senior Peer Outreach (warm line) among isolated adults
2E1- Invite the Eastern Oregon Health Living Alliance to present, in detail, the Integrated Nurse Home Visiting program to Public Health, Symmetry Care and the LCAC

ESTIMATED BUDGET NEEDED:

POTENTIAL FUNDING SOURCES:

Local Community Advisory Council/ Harney County
Community Health Plan
Updated: June 30, 2019

Eastern Oregon Health Living Alliance
Eastern Oregon Coordinated Care Organization
Greater Oregon Behavioral Health Inc.
Home Visiting Programs

PRIORITY ISSUE #3: Early Childhood / Trauma

PROBLEM IDENTIFIED:

Adverse Childhood Experiences effect long term health

DATA AVAILABLE:

- EOCCO Maternal Depression 47.6% of women experienced depression during and/ or after pregnancy
- Child Abuse Harney 45.7 per 1,000 (State 12.8)
- Children in Foster Care Harney 30.7 per 1,000 (State 9.2)
- 51% of Harney 3 or 4 year olds are NOT enrolled in school (State 47.4%)
- In 2017 for measures of Kindergarten Readiness, Harney was equal or BETTER than the state for Self-Regulation, Numbers and Operations, Letter Names, and Sounds. LOWER than the state for Interpersonal Skills and Approached to Learning
- Met the Developmental Screen Incentive Measure in 2018
- Met the Timeliness of Prenatal Care Incentive Measure in 2017
- Only 2.6% of all Harney women did not get adequate prenatal care (State 6.1%)
- Just over 2 of 3 children have both parents employed or a single parent employed
- Child poverty rate in Harney 26.7% (State 20.4%)

GOALS:

3A- Implement a program through the Frontier Early Learning Hub

3B- Increase access to trained therapists for children

ACTION PLAN:

3A1- Help participants to address and manage underlying mental and physical health issues caused by Adverse Childhood Experiences

3A2- Utilize the Triple P (Positive Parenting Program) approach to give local mental, physical, educational and social service providers common tools, language and training to support healthyparenting

3A3- Work with youth to be able recognize and cope with bullying, bias and peer pressure and supply them with tools to make healthy lifestyle decisions

3A4- Increase youth's in and out of school success by collaborating with organizations, agencies and institutions to provide opportunities for participation and success in social and occupational settings

3B1- Recruit therapist- need to clarify organizations/funding

ESTIMATED BUDGET NEEDED:

Local Community Advisory Council/ Harney County
Community Health Plan
Updated: June 30, 2019

POTENTIAL FUNDING SOURCES:

Frontier Early Learning Hub
Greater Oregon Behavioral Health Inc.

PRIORITY ISSUE #4: Obesity / Chronic Disease Management

PROBLEM IDENTIFIED:

Chronic diseases caused by obesity may be controlled through lifestyle modifications

DATA AVAILABLE:

- 2014 Medicaid BRFSS 69.3 % of EOCCO Adults are Overweight/Obese
- 38.7% of Harney adult general population is obese
- 50.2% of the Harney adult population had one or more chronic illnesses
- 60.1% of Medicaid adults had one or more chronic illnesses
- 10.5% of EOCCO Medicaid members have diabetes
- 35.9% of EOCCO Medicaid members have high cholesterol
- 28.4% of EOCCO Medicaid members have high blood pressure
- 32.3% of EOCCO Medicaid members had no physical activity outside of work
- 28.2% of Harney Population met the physical activity recommendation from CDC (State 25.1%)
- 33.3% of EOCCO Medicaid members had one or more sugary drinks per day
- 24.7% of EOCCO Medicaid members had 5 or more servings of fruits and vegetables
- 2017 Incentive Measure did NOT meet the measures for controlling hypertension and diabetes
- Diabetes Death Rate per 100,000 43.6 (State 27.3)
- Heart Disease Death Rate per 100,000 166.3 (State 157.9)

GOALS:

4A- Partner with Harney County Health District to implement their Community Benefit plan

ACTION PLAN:

- 4A1- Measure prevalence of obesity through Harney Family Care, Harney Public Health and Symmetry electronic health records
- 4A2- Implement a “Know Your Numbers” campaign
- 4A3- Support the 5-1-1-0 youth obesity prevention program- % Servings of Fruits and Vegetables per day, 1 hour of exercise, 1 Hour of Screen Time, 0 Sugary Drinks
- 4A4- Support utilization of Weigh-In, Diabetes Self-Management Education and Support Group, Bariatric Surgery Support Group, and Living Well with Chronic Conditions
- 4A5- Promote exercise opportunities with families

ESTIMATED BUDGET NEEDED:

Local Community Advisory Council/ Harney County
Community Health Plan
Updated: June 30, 2019

POTENTIAL FUNDING SOURCES:

Harney Health District

PRIORITY ISSUE #5: Substance Abuse / Addiction (Drugs, Alcohol and Tobacco)

PROBLEM IDENTIFIED:

Substance Use/Abuse continues to negatively effect health

DATA AVAILABLE:

- 8% of survey respondents feel they need to seek out mental health or addiction services, but have not done it yet. Of that 8%, 18% said they had not sought out mental health or addiction due to “Stigma/shame/embarrassment” and 17% did not know where to go to seek care.
- 13% of survey respondents indicated they have had 5 or more alcoholic drinks (if male) or 4 or more alcoholic drinks (if female) in 1 day at least once in the past 30 days.
- 11% of survey respondents indicated they smoke cigarettes, 3% indicated they chew tobacco and 2% indicated they vape or use e-cigarettes.
- 74% of survey respondents selected “Substance or drug use/abuse”, 32% selected “Alcohol use” and 10% selected “Tobacco use” as one of the “top three most important health concerns our community is facing today.”
- 76% of survey respondents said “Drug addiction/Substance abuse” is the biggest mental health or addiction issue they see in Harney County.
- 16.7% of Harney County 8th Graders used tobacco, 38.6% used alcohol, and 10.9% used marijuana in the last 12 months
- 22.7% of Harney County 11th Graders used tobacco, 59.6% used alcohol, and 31.8% used marijuana in the last 12 months
- 19.1% of Harney County adults use cigarettes (Oregon: 20.9%) and 25.2% use smokeless tobacco (Oregon: 7.7%)
- Harney County Alcohol-Induced Death Rate per 100,000 43.6 (Oregon:18.5)

GOALS:

5A-- Partner with Harney County Health District to implement their Community Benefit plan

ACTION PLAN:

- 5A1- Support tobacco tax increase in Oregon
- 5A2- Support needle exchange program at Harney County Health Department
- 5A3- Create an awareness campaign focusing on substance use/addiction in Harney County directing people to local resources and prevention
- 5A4- Promote Behavioral Health Integration in primary care
- 5A5- Increase referrals to Tobacco Quit Coach
- 5A6- Support Tobacco policies promoted by Harney County Health Department

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Updated: June 30, 2019

ESTIMATED BUDGET NEEDED:

POTENTIAL FUNDING SOURCES:

Harney Health District
Greater Oregon Behavioral Health Inc.
Eastern Oregon Coordinated Care Organization
Harney County Health Department